

Form 144

FORM 144/A

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144/A: Filer Information

Filer CIK 0001580602
Filer CCC XXXXXXXX
Previous Accession Number Of The Filing 0000921895-26-001686
Is this a LIVE or TEST Filing? ☒ LIVE ☐ TEST

Submission Contact Information

Name
Phone
E-Mail Address

144/A: Issuer Information

Name of Issuer El Pollo Loco Holdings, Inc.
SEC File Number 001-36556
575 ANTON BLVD
STE 1100
Address of Issuer COSTA MESA
CALIFORNIA
92626
Phone 7145995000
Name of Person for Whose Account the Securities are To Be Sold LION FUND II, L.P.

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer 10% Stockholder

144/A: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common Stock	Wells Fargo 280 Park Ave Floor 28 New York NY 10017	982103	16018099.93	30455298	06/26/2026	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144/A: Securities To Be Sold

Title of the	Date you	Nature of	Name of	Is	Date	Amount of	Date of	Nature of
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Class	Acquired	Acquisition Transaction	Person from Whom Acquired	this a Gift?	Donor Acquired	Securities Acquired	Payment	Payment *
Common Stock	06/28/2023	Open Market Purchases	N/A	☐		4000000	06/28/2023	Cash

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144/A: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
The Lion Fund II, L.P. 19100 Ridgewood Pkwy Suite 1200 San Antonio TX 78259	Common Stock	06/26/2026	100000	1675000.00
The Lion Fund II, L.P. 19100 Ridgewood Pkwy Suite 1200 San Antonio TX 78259	Common Stock	06/29/2026	100000	1658000.00
The Lion Fund II, L.P. 19100 Ridgewood Pkwy Suite 1200 San Antonio TX 78259	Common Stock	06/30/2026	22600	382166.00
The Lion Fund II, L.P. 19100 Ridgewood Pkwy Suite 1200 San Antonio TX 78259	Common Stock	07/01/2026	132421	2286911.00
The Lion Fund II, L.P. 19100 Ridgewood Pkwy Suite 1200 San Antonio TX 78259	Common Stock	07/02/2026	9525	161163.00
The Lion Fund II, L.P. 19100 Ridgewood Pkwy Suite 1200 San Antonio TX 78259	Common Stock	07/13/2026	75000	1255500.00
The Lion Fund II, L.P. 19100 Ridgewood Pkwy Suite 1200 San Antonio TX 78259	Common Stock	07/14/2026	1211	20260.00
The Lion Fund II, L.P. 19100 Ridgewood Pkwy Suite 1200 San Antonio TX 78259	Common Stock	07/15/2026	6533	109166.00
The Lion Fund II, L.P. 19100 Ridgewood Pkwy Suite 1200 San Antonio TX 78259	Common Stock	07/16/2026	2749	45908.00
The Lion Fund II, L.P. 19100 Ridgewood Pkwy Suite 1200 San Antonio TX 78259	Common Stock	07/17/2026	11000	183810.00

144/A: Remarks and Signature

Remarks The aggregate market value is as of the close of business on 07/28/2026. The number of securities outstanding is as of 05/01/2026. The approximate date of sale is between 06/26/2026 through 09/24/2026. The shares proposed to be sold were acquired and paid for between 06/28/2023 and 08/08/2023. Certain affiliates of The Lion Fund II, L.P. are selling shares of the Issuer and filing on a separate Form 144.

Date of Notice 07/29/2026

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Sardar Biglari

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)